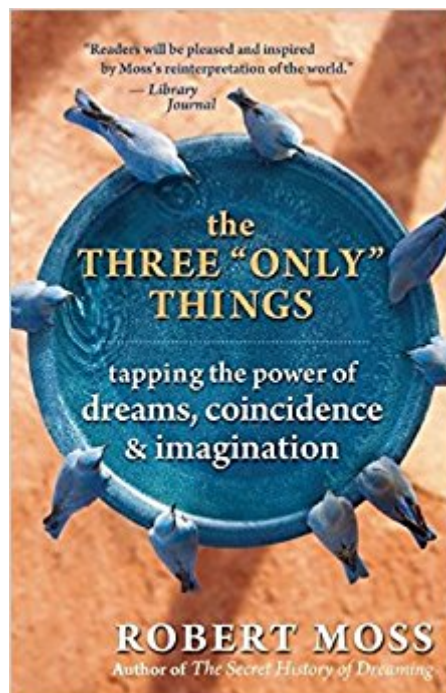




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The Three "Only" Things: Tapping The Power Of Dreams, Coincidence, And Imagination



Synopsis

Have you ever said something was only a dream, only a coincidence, or only your imagination? In this book you'll discover that these "only" things can be keys to finding and living your bigger story. You'll learn to tap into the nine powers of dreaming, the nine rules of coincidence, and the seven uses of imagination. You'll be inspired by stories of how innovators and world changers have used these gifts, and you'll learn wonderful games to help you access your intuition, heal yourself, and bring juice to your everyday life. When we claim the power of the Three Only Things, we reclaim tools that are profoundly simple yet have the power to remake our lives and the world.

Book Information

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Customer Reviews

"Readers will be pleased and inspired by Moss's reinterpretation of the world." —Library Journal
"What Robert Moss does again and again and with such clarity and greatness of heart is remind us that magic is a breath away and that everyone has the capacity to tap into the heritage that is truly ours." —Manda Scott, bestselling author of the Boudica novels
"Robert Moss, a great storyteller and master of the practical, shows us how to reclaim a wider dimension of life. In our demanding, challenging world, we ignore this book's vital message at our peril." —Barbara Montgomery Dossey, author of Holistic Nursing
"A brilliant interweaving of life truths into a unified trinity . . . Intensely engaging, a source of clarity on the deeper truth that guides us all, and truly inspiring" —a must-read." —Robert J. Hoss, former corporate vice president of IBM and

author of *Dream Language*; A golden guidebook for waking up the sleeping powers within each person. An essential and energizing read. — Patricia Garfield, PhD, author of *Creative Dreaming*; Dream food, coincidence compass, imaginal awakener — Robert Moss has written an erudite exploration that tickles your intellect and at the same time speaks directly to your heart. Read this, and immediately a richer world opens before you. — Jennifer Loudon, author of *The Life Organizer* and *The Woman's Comfort Book*

Robert Moss, the pioneer of Active Dreaming, is the author of many books, including *Conscious Dreaming*, *The Secret History of Dreaming*, and the novel *The Firekeeper*. He offers workshops and lectures all over the world, hosts the *Way of the Dreamer* radio show, and leads a lively online dream school. He lives in upstate New York.

If you're feeling pressured by clock time and would like to re-awaken to the creativity and magic embedded in everyday life, this is the perfect book to read. I felt my energy expand and brighten as I absorbed the rich variety of stories, wisdom, and guidance so aptly offered by Robert Moss. "The Three Only Things" is a fascinating, well-written field guide, story book, and reference book, all in one--a distillation of soul wisdom that speaks directly to the reader in a personal way. I have eagerly awaited this treasure, having benefited from and enjoyed Moss's earlier books. All are full of post-it flags, and kept close at hand by my desk. I re-read them regularly and discover new insights every time. Moss' research skills and training as a past history professor enrich his narrative in a unique and satisfying way. His Chapter Notes, Bibliography, and Index are unsurpassed. There are so many gems in this book. One of my favorites is the Epilogue. I will return to those 7 pages again and again for encouragement to live daily by these guideposts: * The Way Will Show The Way * Hold To Your Vision * Pay Attention ("Energy flows where attention goes.") * Don't Give Up * Remember To Play! I appreciate Moss' approach to the field of dreaming, which is practical while not sacrificing the spiritual depth of the subject. And the wit and humor in his stories and exercises helps to curb my tendency to become overly serious about dreaming, and to REMEMBER TO PLAY!

This is the first book written by Robert Moss I have read, so I cannot compare it with his other works. But I have been walking the path he describes in this book for several decades now and I found his synopsis quite brilliant. His style of writing is engaging and inspiring, his examples memorable. I thoroughly enjoyed reading these pages and will recommend this title to friends. Living life from this point of view lends a freshness and delight to one's days and encounters. This is a

treasure of a book, filled with wisdom and compassion.

This book has a way of adjusting our view of ordinary life to incorporate the potential of our dreams in every aspect. It brings the reader to kneel at the altar of an enlightened Master which in fact is our own soul. Techniques are given in this book to practice opening ourselves to the divine order and Presence in everything. You come to really believe there is no such thing as 'just a coincidence'. In another light though some aspects of the text are a bit redundant having been reiterated and emphasized repeatedly. Otherwise a very profound body of work by Mr. Moss as well as a down to earth and enlightening read.

Robert Moss has done it again! In his delightfully readable style, he asks us to believe in the remarkableness of ourselves, and our connection with All. The audacity! To think that we could tap into something More just by Paying Attention! Perhaps especially for those of us who don't always remember our dreams, the thought of treating Everything that comes into our field of perception as Something to be Considered is an idea that should give us pause. Robert proposes that when Coincidences and the like crop up in our waking lives, that's the Universe tapping on our doors. I like that! Little winks from That Which Is More. He also insists that only We can decide what the true message is. No giving away our power! Yes, we can continue to dismiss things as "Only" this or that. But where's the fun in that? And isn't it true that we can all use a little more Fun in our lives?! Wake Up and Dream!

Enjoyable book that will really make you think about everything in your life... You will no longer say "It was only a Dream, a Coincidence, or Your Imagination" You will realize the importance of all three of these things in your life. Robert's real life examples make his theories come alive... It all makes sense and will help you pay attention to your life and see the guidance we are being offered all the time..

This book can literally change your life. Step out of the box and see what happens.

A GREAT read. Out of the 4 books I have read by Robert Moss, this is my favorite. Though, all his books are wonderful. This one is really jam-packed with how to information. Interspersed with great stories to inspire the experienced and the novice dream adventurer to go on exiting journeys to enrich your life.

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